

1 Philippians 4:4
Rejoice in the Lord always;
again I will say, rejoice!

Why does the Lord want His
people to rejoice in Him
always?

*Ask God to help your lifelong,
abiding attitude to be one of
rejoicing in Him.*

5 Romans 12:15
Rejoice with those who
rejoice, and weep with those
who weep.

Tell about a friend who is
really good at rejoicing and
weeping with you.

*Ask God to make you the
kind of friend who can both
rejoice and weep well when
others need it.*

9 Psalm 95:1-2
Come, let's sing for joy to the
LORD, let's shout joyfully to
the rock of our salvation. Let's
come before His presence
with a song of thanksgiving,
let's shout joyfully to Him in
songs with instruments.

Why are music and singing
such a big part of most of
our fun times?

Sing to the Lord!

13 Psalm 30:5
For His anger is but for a
moment, His favor is for a
lifetime; weeping may last for
the night, but a shout of joy
comes in the morning.

Why are sorrow and joy so
often tied together?

*Thank God for His joy that
overcomes our sorrow.*

2 Psalm 32:11
Be glad in the LORD and
rejoice, you righteous ones;
and shout for joy, all you who
are upright in heart.

What things cause you to
shout with joy?

Shout with joy to the Lord!

6 1 Samuel 2:1
Then Hannah prayed and
said, "My heart rejoices in the
LORD; my horn is exalted in
the LORD, my mouth speaks
boldly against my enemies,
because I rejoice in Your
salvation."
How good are you at
forgetting the hurts others
cause you?

*What are some good things
going on in your life that you
should use as occasions to
rejoice in the Lord?*

*Name some good things God
is doing and rejoice in Him!*

10 Psalm 98:8
Let the rivers clap their
hands, let the mountains sing
together for joy.

How does this command
telling nature to rejoice
impact you?

*Thank God that His command
to rejoice is not just for you
but for the whole creation.*

14 Psalm 65:8
They who dwell in the ends of
the earth stand in awe of
Your signs; You make the
dawn and the sunset shout
for joy.

When has a dawn or a sunset
taken your breath away in
awe and praise?

*Thank God for the awesome
beauty He gives us every day.*

3 Zechariah 9:9
Rejoice greatly, daughter of
Zion! Shout in triumph,
daughter of Jerusalem!
Behold, your King is coming
to you;
He is righteous and endowed
with salvation, humble, and
mounted on a donkey, even
on a colt, the foal of a
donkey.

Has anyone in your family
ever been part of a victory
parade? How does our
salvation place us in a
spiritual victory parade?

*Thank God that you get to be
part of Jesus' victory parade!*

7 1 Thessalonians 5:16
Rejoice always!

How does this simple phrase
affect you?

*Ask God to help you learn to
rejoice always.*

11 1 Samuel 4:5-6
And as the ark of the covenant of the
LORD was coming into the camp, all
Israel shouted with a great shout, so
that the earth resound- ed. When the
Philistines heard the noise of the shout,
they said, "What does the noise of this
great shout in the camp of the Hebrews
mean?" Then they understood that the
ark of the Lord had come into the
camp.

Why is the presence of the
Lord such a great reason to
rejoice?

*Rejoice because God's great
presence is with us.*

15 Colossians 3:16
Let the word of Christ richly
dwell within you, with all
wisdom teaching and
admonishing one another
with psalms and hymns and
spiritual songs, singing with
thankfulness in your hearts to
God.

what is your favorite song
about gratitude?

*Sing your favorite gratitude
song to the Lord.*

4 Psalm 5:11
But rejoice, all who take
refuge in You, Sing for joy
forever! And may You shelter
them, that those who love
Your name may rejoice in
You.

How does having God as a
refuge make you rejoice?

*Rejoice that God is your
refuge and shelter!*

8 Psalm 145:6-7
People will speak of the
power of Your awesome acts,
and I will tell of Your great-
ness. They will burst forth in
speaking of Your abundant
goodness, and will shout
joyfully of Your righteousness.

What are some awesome,
great, good, and righteous
things about God?

Thank God for those things.

12 Ezra 3:11
They sang, praising and giving
thanks to the Lord, saying,
"For He is good, for His
loving- kindness is upon Israel
forever." And all the people
shouted with a great shout
when they praised the Lord
because the foundation of the
house of the Lord was laid.

When has God's faithful love
caused you to rejoice?

*Thank God that His faithful
love is worth shouting about!*

16 1 Chronicles 16:23
Sing to the Lord, all the earth;
Proclaim good tidings of His
salvation from day to day.

What keeps you from joining
all creation in singing to the
Lord every day?

*Ask God to help you join
creation in singing to Him
every day.*





17 Ephesians 5:18b-20
But be filled with the Spirit, speaking to one another in psalms and hymns and spiritual songs, singing and making melody with your hearts to the Lord; always giving thanks for all things in the name of our Lord Jesus Christ to our God and Father.

How do the parts of this verse relate to one another?

Give thanks for all things.s.

21 Acts 16:25
But about midnight Paul and Silas were praying and singing hymns of praise to God, and the prisoners were listening to them.

Where were these men, and what did they have to sing and praise God for?

Ask God to help you sing and praise God even when outside things seem bleak.

25 1 Peter 2:16
Act as free men, and do not use your freedom as a covering for evil, but use it as bond- slaves of God.

Discuss using your freedom as a bonds slave to God.

Ask God to help you value Him above your freedom to do evil.

29 vPsalm 47:1
For the choir director. A Psalm of the sons of Korah. O clap your hands, all peoples; Shout to God with the voice of joy.

Why do people usually clap and shout?

Ask God to help you be more excited about Him and what He is doing than anything else on earth.

18 Exodus 15:1
Then Moses and the sons of Israel sang this song to the Lord, and said, "I will sing to the Lord, for He is highly exalted; The horse and its rider He has hurled into the sea."

What had happened that made this event such a great time for praising God?

Thank God for a great thing He has done for you.

22 Isaiah 61:1
The Spirit of the Lord God is upon me, because the Lord has anointed me to bring good news to the afflicted; He has sent me to bind up the brokenhearted, to proclaim liberty to captives and freedom to prisoners.

How does this Old Testament promise point to Jesus Christ our Lord?

Thank God for His Spirit's work in Jesus' earthly ministry.

26 Nahum 1:15
Behold, on the mountains the feet of him who brings good news, Who announces peace! Celebrate your feasts, O Judah; Pay your vows. For never again will the wicked one pass through you; He is cut off completely.

What price would you set on peace?

Thank God that your soul is sealed and your life is secure.

30 Isaiah 55:12
For you will go out with joy and be led forth with peace; The moun- tains and the hills will break forth into shouts of joy before you, And all the trees of the field will clap their hands.

How do the pictures of creation's excitement help us better understand joy and peace that comes from God?

Thank God for His joy and peace and the excitement that comes from knowing and serving Him.

19 Psalm 98:1
O sing to the Lord a new song, For He has done wonderful things, His right hand and His holy arm have gained the victory for Him.

How are God's victory and yours related?

Thank God that He is victorious and will win the final victory.

23 2 Corinthians 3:17
Now the Lord is the Spirit, and where the Spirit of the Lord is, there is liberty.

On this Pentecost Day, what are some facets of liberty that the Spirit has brought into your life?

Thank God for His Holy Spirit, Who works freedom into our brokenness and brings us great joy!

27 1 Corinthians 5:8
Therefore let us celebrate the feast, not with old leaven, nor with the leaven of malice and wickedness, but with the unleavened bread of sincerity and truth.

Who do you know who is an example of sincerity and truth?

Ask God to help you live in all of your relationships with sincerity and truth.

31 Psalm 126:1-3
When the LORD brought back the captives of Zion, we were like those who dream. Then our mouth was filled with laugh- ter and our tongue with joyful shouting; Then they said among the nations, "The LORD has done great things for them." The LORD has done great things for us; We are joyful.

How would you feel if you were a captive and then were set free?

Thank God that He set you free from sin!

20 Psalm 104:33
I will sing to the Lord as long as I live; I will sing praise to my God while I have my being.

Why is praising god so vital to living a joyful life?

Praise God for His many blessings, and commit yourself today to praise Him all your life.

24 Galatians 5:13
It was for freedom that Christ set us free; therefore keep standing firm and do not be subject again to a yoke of slavery.

what is the yoke of slavery, and how does it slip back into our lives so easily?

Ask God to help you stand firm in the freedom of Jesus Christ.

28 Exodus 31:16
So the sons of Israel shall observe the sabbath, to celebrate the sabbath throughout their generations as a perpetual covenant.

What freedom do you find in rest, prayer, and contemplating God?

Thank God for the freedom to observe the sabbath.

Isaiah 30:18
Yet the Lord longs to be gracious to you; therefore he will rise up to show you compassion. For the Lord is a God of justice. Blessed are all who wait for him!

